

## You can help

The problem of childhood hunger is not simply an education or a health issue. It is a moral issue. Child hunger hampers a young person's ability to learn and becomes more likely to suffer from poverty as an adult. Scientific evidence suggests that hungry children are less likely to become productive citizens.



### United Way of Goodhue, Wabasha & Pierce Counties

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**packing  
for  
the  
weekend**  
United Way of Goodhue,  
Wabasha & Pierce Counties

Packing for the Weekend, is a program designed to feed children who do not have reliable access to food on non-school days. For many children school breakfast and lunch are the only meals they can count on.

Each family involved in the Packing for the Weekend program will receive a bag of food that will feed the number of children in their household for the weekend. Working with the Channel One Food Bank are easy to prepare and can be carried home in a child's backpack.



Feeding Hungry Children

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**To nourish a mind. We  
must first nourish the  
body.**

